

# Peel High School

## Newsletter



Issue 2 - Term 2 - Week 6

15 June 2018



### Calendar - Term 2

June 18	P&C Meeting 7pm
June 25-28	Yr 10 Auto Work Placement
July 5	Parent Teacher Interviews 3 -7pm (Years 7,8,9)
July 6	Last day of Term 2

There will not be any canteen service on the last day of Term 2, July 6<sup>th</sup> due to canteen renovations.

### Lawn Bowls State Championships

Huge congratulations to the PHS Lawn Bowls team, placing 13th in the recent State Championships held in Glenbrook. Team members Kasey Cone along with Tara and Zoe Stewart played against teams from Gulgong, Hunter River, Blaxland, Coolamon and Umina.

The games they lost were very close, only missing out by small margins, and the games they won were by quite a lot!

Casey said 'It was fun, we tried our best and we are looking forward to improving on our result in the future'. Zoe added 'We tried our best and enjoyed ourselves'. Tara agreed saying 'It was fun and we worked well as a team'.

Miss Watson said 'It's a huge achievement to make a state playoff and the girls should be very proud of their efforts.'

### REMINDER TO ALL PARENTS & CARERS

As a safety precaution, should you need to drop any items off to your child during school hours please drop them into the front office.

Students are not permitted to meet you outside school grounds or wait near the front or back gates/fence to collect items from you.

This is a safety issue.

### Parents please note:

Before School our playgrounds are unsupervised until 8.20am each morning and then only minimal supervision until Roll Call at 8.50am.

### Front Office Hours

8am to 3.45pm (Monday to Friday)

### Payment Office

8.30am to 3.30pm (Monday to Friday)



## Principal's Report

Welcome Parents and Carers to our newsletter.

Congratulations to Shaun Betts, Laura Ness & Melissa Gunn who have all been successful through merit selection in securing permanent positions in the English Faculty.

Congratulations also to Chris Rankmore on his permanent appointment as Head Teacher HSIE.

Our front of school renewal project has now been signed off and looks wonderful. A couple of minor alterations needed to complete the transformation will be carried out in the next few weeks. I've attached a few photos to showcase the works.



## PDHPE Faculty Report

There are exciting things happening this term in the PDHPE/LOTE Faculty at Peel High School! All students are settled in well, busy completing assessment tasks in both practical and theory lessons.

Peel sporting teams are having arguably their most successful year in the sporting arena. We have been successful at achieving North West champions in three sports including Netball, Lawn Bowls and Softball. Our netball girls played extremely hard but struggled to match opponents at the state carnival finishing out of the major placings. Our lawn bowls team are competing in Sydney this week with high expectations of earning a medal. Two of our students, Tara and Zoe Stewart, recently won Gold in the Pairs division at the state lawn bowl titles. The softball girls will compete in Sydney later this month and we wish them all the best.

Thank you to Mr Flanagan for all his hard work in organising the Athletics and Cross Country carnival this term. Both carnivals had great participation and records broken. Students who qualified for North West will compete later in the term and we wish them all the best.

Year 7 are trialling a new program initiated at Peel High in practical lessons. 'Resistance Training for Teens' has seen all Year 7 students undertake fitness testing include Cardiorespiratory, Muscular Strength, Muscular Endurance and Agility. Students have participated in a range of fitness activities including Circuit Training, Boxercise, Crossfit and Aerobic Training. Students have already seen benefits and are thoroughly enjoying the fitness unit.

Year 12 PDHPE students are working well and have the opportunity to attend HSC study days in Sydney next week. Students will also watch the Knights Vs Melbourne whilst on the trip and train at elite sporting facility Narrabeen Sports Science unit.

I would like to thank all staff that have volunteered their time to coach internal and external sporting sides. Without your willingness to coach the students would not have the opportunity to participate.

Overall, it has been a very busy term in the PE faculty with exciting results on the sporting fields and actively engaged students reaching high outcomes in the classroom.



## News from the Coaching in the Community Classes

The Year 10 coaching students have been presenting the Playing for Life Games program to Year 2 students at Westdale Public School during term 2. The students are presenting a variety of target, invasion, net and court, striking and fielding, movement and cooperative play games as part of the Playing for Life Games program. Peel High School is very grateful to Mrs Kathie Jackson and the staff from Westdale Public School for allowing us to visit and work with the Year 2 students.

The Year 10 coaching students have been working towards completing the online Community Coaching General Principles certificate. Some of the Year 10 coaching students have also assisted West Tamworth Public School and South Tamworth Public School with either their swimming and/or cross country carnivals earlier this year.

The Year 9 coaching students have been working towards completing the General Principles of Coaching Course. They have completed the Fundamental Movement Skills and Event Management units and performed in front of their peers during the Children's Games practical unit. Year 9 will shortly be preparing for their primary school visits for the Active Schools Connexion Program, commencing in Week 4 of Term 3. They will also be helping with the West Tamworth Public School athletics carnival in the last week of this term.

Congratulations to all the coaching students for their achievements so far and for meeting the many challenges they have had placed before them. These students are helping to portray Peel High School in a very positive manner in the community.

Mr Mat Flanagan



## Quirindi Horse Sports Day – PHS riders show talent and sportsmanship

On Friday 25<sup>th</sup> May, 5 students represented our school with pride at the Quirindi Horse Sports Day. With over 160 riders competing that day, Steven Craig (Year 10), Dharia Freeman (Year 10), Harry Burkett (Year 9), Layne Scheithe (Year 8) and Joanne Tuckwell (Year 8) impressed with their riding skills and sportsmanship. These talented riders won several ribbons, including the Red Coats Award for 16 yrs (Steven Craig) and 15 yrs (Harry Burkett). This prize is awarded to a competitor who gives everything a go with a smile and shows respect to fellow riders and officials. Steven won another five ribbons and Harry Burkett was Reserve Champion in the 15 yrs Boys category.

The girls also came home with ribbons and Layne Scheithe was the only competitor on the day to get two first places in her age group.

These riders made our school proud by representing it with talent and sportsmanship at the recent local Horse Sports competition.

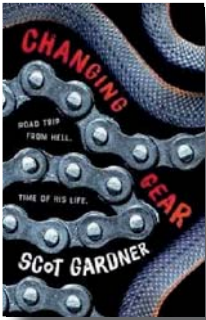


## From the library

### New Books

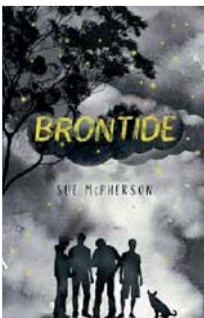
#### *Changing Gear* Scot Gardner

A vivid story of a teenage boy and the road trip that clears his head and heart.



#### *Brontide* Sue McPherson

A coming-of-age story about four boys who like to challenge themselves and the rules.



#### *The Love That I Have* James Moloney

Germany 1944 - instead of burning prisoners' letters as she was told to, a young girl steals them from the prison mailroom and finds herself drawn into their heart-rending words of hope, despair and love.



**Lawn Bowls** This year, the Peel High Lawn bowls team consists of Kasey Cone, Tara Stewart and Zoe Stewart. We won our first round against Tamworth High 24-9 and won by forfeit in the next round. We travelled to Inverell for the final two games where we thrashed McIntyre High School

34-0 which sent us through to the North West final against Wee Waa High. The final game was a nail-biter, with the girls keeping spirits up and not losing focus throughout the match. It came down to the last end where we managed a 15-12 win and were crowned North West Champions for the second time in three years. This is a fantastic achievement for the girls and they are to be commended for their sportsmanship and excellent teamwork. They will now travel to Glenbrook to represent Peel High School in the final 16 at the State Championships from 12-14<sup>th</sup> June. The school community wish you luck!

In other bowls news, Tara and Zoe have both been selected to represent North West in September and also won the Pairs Championship at the recent CHS Knockout tournament in Warilla.girls!



### Library Link App

Did you know that you can download the Library Link app to do the following?:

- View new library resources
- Search the library catalogue
- Check book availability
- Request resources
- Renew your loans

See Mrs Kaluder to sync the app with the Peel High School library.

**CYBER-SAFETY.....**

**Here are eight easy ways to help your kids stay out of trouble in cyberspace.**

**At a glance**

- Don't let your child post photos of themselves wearing their school uniform – it can be enough to identify your child's school.
  - Ensure your child never organises to meet up with any strangers they have met online.
  - Talk about what websites are appropriate with your child so they understand and make the right choice.
  - By publishing without thinking, your child's innocent work online may be something that comes back later to haunt them.
  - If your child starts being secretive about what they are doing online, check it out.
- 1. Keep computers out in the open**

Your child may think twice about looking at inappropriate websites and won't be able to chat to their friends all night while you think they are doing their homework.
  - 2. Mind your business**

Remind your child to keep information such as their name, address, phone number, school and even your credit card number to themselves. When signing up to a chat room, they should use a screen name that is a nickname and not easy to work out. The same goes for choosing passwords – don't make them easy to figure out. If your child is going to put photos on the internet, ensure they don't show them wearing their school uniform – this can be enough to identify your child's school. Also ensure that any photos are not the type that would attract unwanted attention from strangers.
  - 3. Just because it's on the internet, it doesn't mean it's true**

Make sure your child uses multiple sources for research, and is careful not to plagiarise.
  - 4. Stranger danger is online, too**

Ensure your child never organises to meet up with any strangers they have met online. If they really want to meet up, encourage them to talk to you about it first and insist on going along with them. Remind your children to also be wary opening emails from strangers. They could contain spam (online junk mail), a virus (which will harm your computer), or be from a stranger looking for trouble.
  - 5. Get a filter**

Internet filters can help block inappropriate sites for children. None are completely reliable and it's best if you talk about what websites are appropriate with your child so they understand and make the right choice on their own.
  - 6. Encourage your child to talk with you about their online experiences – good and bad**

This will make it easier for them if they see something inappropriate or are emailed something unsuitable. If they are embarrassed to tell you, persuade them to at least tell a teacher or another trusted adult.
  - 7. Good manners also exist online**

Talk about this with your child and it may lead to a decline in bullying behaviour, not to mention the many disagreements that children have with each other.
  - 8. Forever is a long time**

A lot of blogs and websites maintain information as part of cyberspace forever. By publishing without thinking of the future, your child's innocent work online may be something that comes up later on and may negatively impact their career and personal life.

**Danger signs**

- Your child constantly sits on the computer in chat rooms or instant messaging, from straight after school to very late at night.
- Your child begins showing unexplained money or items that come from "a friend you don't know".
- Your child starts being secretive about what they are doing online – this could include anything from minimising screens as you walk past, to not letting you see their blogs/chat/social media sites.

**ARRIVAL ON TIME:**

Arriving at school and class on time:

- Ensures that students don't miss out on the important learning activities scheduled early in the day when the students are most alert
- Helps students learn the importance of punctuality and routine
- Gives students time to greet their friends before class and therefore,
- Reduces the opportunity for classroom disruption

Lateness is recorded as partial absence and must be explained by parents or carers in the same way as other forms of absence.

**MUST MY CHILD ATTEND ALL ACTIVITIES (INCLUDING SPORT)?**

YES. Sport and other physical activities help the healthy physical and mental development of children. Sport and sports carnivals are normal school activities and students must attend.

Students are NOT encouraged to use sport afternoon to attend appointments. Participation in sport is an important part of their development and education.

Should a student be absent from sport, a note or primary carer phone call must be received by the Back Office prior to 12pm. Students who consistently fail to attend sport may receive a request for documentation to justify absences during sport. **If documentation can't be presented to the school, the absences may be recorded as unjustified.**

**CONSEQUENCES:**

At Peel High School the consequences or impacts of unexplained or unjustified absences might include the following:

- Ineligibility to represent school in sporting teams
- Ineligibility to represent school in extra-curricular activities
- Exclusion from Year Days and non-mandatory excursions, and;
- Exclusion from school functions such as school discos.
- As per Peel High School policies, students who have paid deposits, or part thereof, for excursions may not be able to have any money refunded if their behaviour or attendance is unacceptable.

**ATTENDANCE EXPECTATIONS:**

All students should:

- Aim for 100% attendance
- When absent, provide a justified reason for the absence
- Be on time and ready for all school activities and lessons
- When late, make sure you sign in at the Back Office
- Ensure they go through the Back Office if sick and need to go home early



## Attendance Policy

### **School Attendance – “It’s not OK to be away”**

All children have a right to an education. Only by regular school attendance can students make the most of educational opportunities, leading to greater social and economic outcomes.

Schools, in partnership with parents/carers, are responsible for promoting the regular attendance of students. While parents are legally responsible for the regular attendance of their children, school staff and the Peel High School Head Teacher of Attendance, as part of their duty of care, monitor part or whole day absences.

### **RESPONSIBILITIES OF THE SCHOOL WHEREVER POSSIBLE:**

- Provide a safe learning environment enabling students to achieve the best possible outcomes
- Work with parents, carers and the local community to increase student attendance
- Monitor all student attendance and work with students and parents/carers to improve attendance where a concern has been raised
- Provide support through the school Welfare Team to address concerns leading to poor attendance
- Promote the benefits of regular school attendance
- Deliver quality curriculum based lessons
- Implement a reward system for 100% attendance and improved attendance
- Provide parents/carers timely feedback on all daily absences and fractional truancy

### **RESPONSIBILITIES OF THE STUDENT:**

- Attend school consistently and actively participate in learning opportunities
- Whilst present at school attend all lessons promptly
- Attend school wearing the correct school uniform
- To comply with the school's welfare and discipline code

### **RESPONSIBILITIES OF THE PARENTS/CARERS:**

- The *Education Act 1990* requires that parents (including carers) ensure that children are enrolled at and regularly attend school.
- Provide written or verbal confirmation regarding student absences. If a student has more than 3 unexplained/ unjustified absences in the previous 5 week period, that student will be placed on the Attendance List and will be unable to participate in extra-curricular activities until attendance improves.
- Work alongside Peel High School to promote 100% attendance.

### **WHAT IS A JUSTIFIED REASON FOR BEING ABSENT FROM SCHOOL?**

Justified reasons for absences may include the student:

- Having an unavoidable medical or dental appointment (preferably, these should be made after school or during holidays)
- Being required to attend a recognised religious holiday
- Being required to attend an exceptional or urgent family circumstances (such as attending a funeral)
- Being sick, or having an infectious disease
- Any other leave permitted by a doctor or psychologist for ongoing mental health or general health concerns (documentation must be provided to the school to support this leave)

**ABSENCES FOR REASONS SUCH AS SOME OF THE FOLLOWING MAY NOT BE JUSTIFIED:**

- Shopping
- Sleeping in
- Working around the house
- Minor family events such as birthdays
- Hair cuts

**LATE ARRIVAL NOTICE TO PARENTS:**

Peel High School sends out mobile text messages to primary carers when students arrive late to school. This is to ensure parents/carer's are aware of their child's late attendance on any given day.

Parents and carer's can now promptly respond to explain their child's late arrival to school.

Mobile text messages will also be sent to primary carers indicating a student's absence if communication has not been received by the school that morning explaining the absence.

We thank all parents and carers for their ongoing support of the Peel High Attendance Program and our efforts to provide positive learning outcomes for our students.

**KEEPING THE SCHOOL INFORMED:**

If your child has to be absent from school, it is important to tell the school and provide a reason for the absence. To explain an absence the **student's primary carer may:**

- Send a note or email to the school
- Telephone the school's Back Office
- Visit the school and speak to someone in person
- Respond to the text message sent by the school

**The Principal (or delegate) of the school has the right to question an explanation given for a child's absence from school. Where a pattern of absence is identified, the Principal (or delegate) may request parents/carers to submit documentation justifying absences in the future. If documentation can't be presented to the school, the absences may be recorded as unjustified.**

**HOLIDAYS:**

Parents and carers are encouraged not to withdraw their children from school for family holidays. If this is necessary parents should discuss these absences with the Head Teacher of Attendance at which point an Attendance Exemption from attendance at school may be put in place. This will ensure that these absences are not permanently recorded as unjustified.



## PEEL HIGH SCHOOL UNIFORM SHOP

Our uniform shop is open for business each Monday and Thursday from 8.30 to 10.00 am

We are located in the Administration Block

### SCHOOL UNIFORM

White school shirts are to be worn on **Mondays, Tuesdays, Thursdays & Fridays**

The **GREEN SPORTS POLO** is **ONLY** to be worn on Wednesdays and during PE practical lessons as required by teachers

#### Summer Uniform

**Girls:** Short tartan design skirt, or black dress shorts, white cotton shirt, short white socks, black leather shoes, black knitted cardigan or jumper.

**Boys :** Black shorts (drill cotton), white cotton shirt, short white socks, black leather shoes, black knitted jumper.

#### Winter Uniform

**Girls:** Long tartan design skirt or black slacks (no tights), white cotton shirt, tie, black cardigan or jumper, black stockings or white socks, black leather shoes.

**Boys:** Long black cotton trousers, white shirt, short black socks, black leather shoes, tie and black knitted jumper.

*Note: Junior and Senior ties available for purchase from the back office.*

#### **Sports Uniform**

**Summer - Girls & Boys:** Bottle green polo shirt with gold emblem. Black sports shorts with Peel embroidered on, white socks, gym shoes/ sand shoes/ joggers.

**Winter - Girls & Boys:** Summer uniform plus green embroidered emblem sloppy joe and plain black track suit pants (these are worn over the usual sports uniform on cold days).

### PEEL HIGH SCHOOL UNIFORM



Summer



Winter



Sport



Jacket



The Peel High School P&C Uniform Shop is open Mondays & Thursdays from 8.30am-10am  
Payments can be made via Cash, Credit, EFTPOS or Cheque (payable to Peel High School P&C)

For further enquiries call the Peel High School on 67657 088

# CANTEEN PRICE LIST



You can order your own Salad Wrap or Sandwich

Orders taken before recess for lunch  
**WINTER MENU TERMS 2 & 3 2018**



## PRICE LIST



### HOT FOOD

Chicken & Gravy Roll	3.50
Chicken Burger w/ Lettuce & Mayo	3.50
Chicken Caesar Burger w/ Lettuce, Cheese, Bacon & Sauce	4.00
Cheese Burger (Meat Pattie, Cheese & Sauce)	3.00
Beef Lasagne	3.50
Travellers Pie (Plain & Cheese & Bacon)	3.50
Potato Pie	4.00
Sausage Roll	3.00
Tomato Pasta (topped w/ melted cheese)	3.00
Bacon, Egg & Cheese Roll & BBQ Sauce (recess only)	3.00
Chicken Fingers	.50
Chicken Crackles	.50
Scallop	.50
Garlic Bread	1.50

### SNACKS

Chocolate Muffins	1.80
Plain Lamingtons	1.80
Chips	1.50
Cheese & Biscuits	2.50

### DRINKS

Plain Milk 600ml	2.00
Small Flavoured Milk	2.50
Large Flavoured Milk	3.50
Water 600ml	1.00
Pump 750ml	3.00
Small Juice	2.50
Large Juice	3.00
Dares	3.80
Hot Chocolate (Before School)	2.00

### ROLLS, WRAPS & SALAD

Chicken Caesar Wraps & Tubs	3.50
Ham or Chicken Salad Wraps	3.50
Egg & Lettuce Sandwich	3.00
Chicken, Ham or Salad Tubs	4.50

### TOASTED SANDWICHES

Cheese	2.00
Cheese & Tomato	2.50
Cheese, Ham & Tomato	3.00



Lunch Orders can be left at the Canteen before School or at Recess.

**DAILY SPECIALS ARE AVAILABLE**



## Peel High School Variation of Routine Report Proforma

We have included a copy of our VOR report for the purpose of informing parents/carers and students that we would like the opportunity to report on students involvement and successes in activities outside of school events, such as sporting representations and community service involvements.

As the school is not always aware of participation in events outside of school, for them to be acknowledged it is the students responsibility to collect a copy of this form from the front office prior to the event and return it to the office after participation in your activity including information that is outlined on the form.



## Peel High School VOR Report

### DETAILS OF EXCURSION

<u>DETAILS OF EXCURSION</u>			
Name of Excursion / Visit			
Learning Area		Teacher in Charge	
Other Staff Attending			
Dates and Times			To

*Orientation States:* who was involved in the event, what it was, where and when it happened.

*Sequence of events:* States a series of events that happened from start of the retelling. The events are retold in the time order that they occurred.